



The HeartBeat Newsletter

Volume 3

Issue 4

“If you want happiness for an hour- take a nap. If you want happiness for a day- go fishing. If you want happiness for a year- inherit a fortune, If you want happiness for a life-time- help someone else.”

Chinese Proverb

Who We Are:

Michael Hearts Academy, Inc is a nonprofit organization that was founded in 2019. We are located in Central, Fl. Our objective is to increase social skills in individuals with intellectual disabilities (Autism, Down Syndromes, Cerebral Palsy) by providing various activities in the community with a focus on daily living skills to enhance their lives. We also bring awareness by educating the community on these disabilities.



Our Vision:

We focus on providing the highest quality services to families in need. We are dedicated to helping our individuals lead dignified, independent lifestyles in the comfort and safety of their own homes and community. We do this by carefully assessing and fully understanding their needs.

Our Mission:

To build an organization that provides unconventional and interactive community based experiences for individuals with intellectual and developmental disabilities. We offer activities such as on the job training; summer and year round camps; all while promoting social emotional, educational and daily living skills.

It's Our Anniversary! **Celebrating 3 years of service**



Michael Hearts Academy was created to represent the passionate love Michael Nelson had for others. He would help and give his utmost to anyone. Michael's unfortunate drowning accident caused him the loss of his life at the age of 14 on June 17, 2012. This hardship became the platform to help individuals with disabilities. Michael Hearts Academy is here to assist as many individuals as possible with social skills in the community and educate community businesses to allow and hire individuals to work.



Visit our website www.michaelheartsacademy.org to visit our online store and support our Anniversary Sale.

Meet our Founder/CEO



Jennifer Biggins is originally from Cordele, Georgia but lives in the Orlando area. She graduated from Lake Region High school in Eagle Lake, Florida. Ms. Biggins realized her passions were taking care of others, after interacting with children while working at the Department of Children and Families for Protective Services. It was her determination and love-filled heart that led her into caring for special needs adults and children. The experiences and challenges of both being a victim of domestic violence and a single mother, gave Jennifer a deeper appreciation and determination for improving the quality of her life. Jennifer was then given the ultimate test of life. Jennifer lost her oldest son in 2012. She learned: Life is the fine line of faith; being ready for whatever unknown comes into your path, all while running a company.

She is the founder and CEO of Michael Hearts Academy. Michael Hearts Academy was started in October 2019. Michael Hearts Academy increases social skills in individuals with intellectual disabilities (i.e. Autism) by providing different activities in the community with a focus on daily living skills to enhance their lives. We also educate the community and bring awareness to these disabilities.

My mission in life is to not merely to survive, but to thrive; and to do so with some passion, some compassion, some humor and some style– Maya Angelo

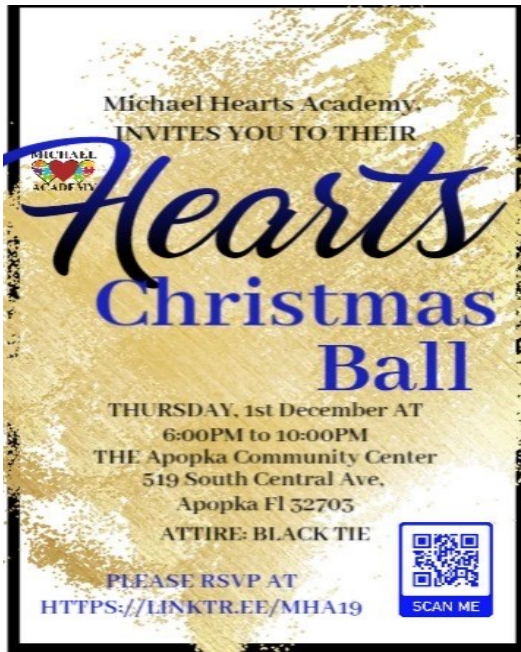
Meet our Board Members



Upcoming Events

Christmas Ball—Thursday, December 1st

Winter Break Camp 12/19/22- 1/2/2023



Michael Hearts Academy
INVITES YOU TO THEIR

**Hearts
Christmas
Ball**

THURSDAY, 1st December AT
6:00PM to 10:00PM
THE Apopka Community Center
519 South Central Ave,
Apopka FL 32703
ATTIRE: BLACK TIE

PLEASE RSVP AT
[HTTPS://LINKTR.EE/MHA19](https://linktr.ee/MHA19)



SCAN ME



MHA
**Winter Break
Camp**

MICHAEL
ACADEMY **Dec. 19, 2022- Jan. 02, 2023**
9:00 am - 6:00 pm



Our Activities

- Arts & Crafts
- Social Skills
- Daily Living Skills
- Community Activities

Cost **\$40**
per child

Sign up now

 **MHA**
235 E 5th Street
Apopka, FL 32703

Email Us
mjhearts19@gmail.com



SCAN ME

Programs

Hearts Getaway- Overnight weekends with movies, games, arts & crafts, Campfire stories and bond while socializing with others. Lots of different outside games such as basketball, kickball flag football, bean bag toss and more. Campers can arrive Friday at 5pm then pick up Sunday by 4pm

Camp- Spring break Camp one week in march. Summer camp May to August - 10 week period where our students are taught critical thinking and cognitive skills. Students participate in activities such as music therapy, recreational sports, and socialization training. where individuals will attend weekly activities such as Art Adventure, Music's fest, Scavenger Hunt, and Summer Blast

After School Program- We host sessions from 3-6 pm, Monday to Friday, where we create a calming environment for students with disabilities to improve their communication skills using special training and specialized devices.

Vocational Rehabilitation- Helping individuals get back to work and Educate the community.

Providing on the job training. Assisting with interviews. Assisting with finding employment. Providing interview training. Assistance with attire for an interview. Assist with filling out Application, Assist with preparing resume. Summer camp workshops visiting college and different companies.

Nonprofits Roundtable Committee (NRC)

A committee formed to bring local community non-profits together in the efforts to continue to provide community support. We will work together with partnered local non-profit round-table committee members to assist with community events such as: **Fundraising Efforts, Marketing Efforts, Event Volunteering.** NRC is about sharing their platform and uplifting each other during a breakdown or a weak area. Being Strong for others in need while secure in your own nonprofit.

Fundraising: Creating events the committee members can collaborate together to raise money for their nonprofit.

Marketing: Sharing each other's events on any of the social media and tagging the non-profit having the event.

Volunteering: Attending at less one of the other members



Community Involvement



2022 TEAM KAREEM WATER SAFETY EVENT



2022 20YEARS ANNIVERSARY WITH NATHANIELS HOPE



2021 DEBRTE FROM THE SILHOUETTES OF CRITERION

How to contact and support us

Michael Hearts Academy, Inc



“Home away from Home”

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www.michaelheartsacademy.org